

## In and Out

Age	6+
Duration	10-15 minutes
Group size	8+

### Overview

The game explores minority and majority relations by getting the children to form a group if an attribute or interest applies to them.

### Objectives

- To show that there are differences and similarities between everyone
- To experience how it feels to be in a minority
- To raise awareness of accepting people into a group even if there are differences

### Step-by-step instructions

1. Ask the children to stand in a circle in a big room or outside.
2. Explain to the group that you will call out a statement and if the statement is true for them then they have to make a tight circle with the other people this applies to. If the statement is not true for them, they have to try to break into this circle. Make it clear that you cannot kick, punch or hurt other people and the game will be stopped if it becomes too aggressive.
3. Read out the statements below or make up your own (not only related to physical appearance):
  - Everyone who has brown hair
  - Everyone who has a dog or a cat at home
  - Everyone who is wearing trainers
  - Everyone who has green eyes
  - Everyone who has a brother or sister
  - Everyone who drank orange juice at breakfast
  - Everyone who wears glasses
  - Everyone who has watched TV today
4. Finish the activity with a group hug or massage circle.

### Debriefing

- How did it feel being in the circle?
- How did it feel to be on the outside trying to get in? How did you try to break into the circle?
- If you succeeded in breaking into the circle, how did it make you feel?
- Have you ever felt like you're in the minority or majority in real life? If so, how did you deal with that?